



Ceci Paolo

FRESH PRODUCE
DIRECT FROM ITALY & FRANCE

Our suppliers of fresh fruit & vegetables buy for us in the Milan & Paris markets.

They are also suppliers to some of London's top restaurants.

Now you have access to these same quality ingredients that are a world apart from most produce available in supermarkets.

Just try them and let your tastebuds be your guide.

If you need advice or recipes, please ask.

Price List

DATTERINO TOMATOES

£9.95/kg

*'...The sweetest and most delicious baby tomatoes we've ever eaten' (Eat in Magazine)
Datterino tomatoes are by far the sweetest tomatoes and have a lovely inviting aroma. Their elongated shape holds fewer seeds than other varieties. They also have a thicker skin with more flesh.*

CAVOLO NERO

£6.80/kg

The rich, tangy dark green leaves of Cavolo Nero or black cabbage are simply delicious. Their strong flavour makes them the perfect ingredient in soups such as the classic Tuscan soup, ribollita. It is also delicious braised with garlic and chillies and served with creamy goat's cheese.

RADICCHIO TRESIVANO TARDIVO

£1.70/100g

Radicchio rosso di treviso tardivo is very similar to the Treviso, but the leaves are shorter, thinner and elongated. The taste is a little sweeter. The colour is a bright, intense red, contrasting with a white root. It is mainly used in cooking, great baked or grilled, with a hint of oil and a pinch of salt. Not for nothing is it highly prized in Italy.

PINK RADICCHIO

£2.95/each

This pink radicchio grown in Verona is simply stunning. Fairly small, its leaves are a beautiful pale pink colour and tender enough not to need cooking. Radicchio is one of the great glories of the winter months, and a perfect reason to eagerly await cold weather. This variety is an absolute must in salads. It is only available for a few weeks each year so don't miss out!

BERGAMOT

£6.95/kg

You won't see these in any supermarket. They are quite frankly a revelation. Use them as you would a lemon and wonder!

LARGE AMALFI UNWAXED LEMONS WITH LEAVES

£3.95/kg

These excellent Amalfi Coast lemons are gorgeously juicy and have very few pips to get in the way. They are superb for any cooking that requires using the skin as they are unwaxed – a much desired quality.

ORANGES NAVELINA WITH LEAVES

£3.50/kg

These are superb quality and are a phenomenal orange for eating, cooking and juicing. They are incredibly sweet and juicy.

CLEMENTINES WITH LEAVES

£3.50/kg

Clementines are beautifully sweet with firm yet juicy segments. Their small size and lack of seeds make them a great and healthy snack for kids. Enjoy them in sweet and savoury salads or as freshly squeezed juice.

MUSCAT GRAPES

£1.50/100g

Black Muscat grapes, also known as black Hamburg, are one of Europe's favourite table grapes. We can well understand why with their very sweet flavour and rich earthy taste. They have a rich thick skin and some small seeds.

WALNUTS

£1.30/100g

Crack these beautiful French walnuts to reveal a creamy flesh with a good bit of crunch and texture. Walnuts are extremely rich in nutritious omega 3 oils and proteins. Not only are they very good for your health but they also taste fantastic - use them to add crunch to salads and desserts.